



KS1 - Curriculum overview - PSHE

	Y1 /2 Cycle A	Y1 /2 Cycle B
Autumn 1	British Values- what are they and what do they mean- links with other areas of the curriculum	C1) How do we make a happy school? C2) Who lives in my neighbourhood? Os3) Online strangers [P1]
Autumn 2	Fr1) Who is my friend? P1) How do I help my body stay healthy?	Fr4) How do we stop bullying? Os2) Personal information [S1]
Spring 1	M1) Where do feelings come from? P2) How do I decide what to eat?	Fa2) Do families always stay the same? Fa3) How should families treat each other? P3) How do we stop getting ill?
Spring 2	Fa1) Who's in my family? Os1) Screen time [L1]	Fa4) When should I say no? Fa5) Who owns my body? I do! G1) How bodies change as we get older (link with science)
Summer 1	Fr2) What makes a good friend? Fr3) Should friends tell us what to do?	Os4) Fake News [N1] M2) Who am I? P4) How can I stay safe?
Summer 2	M3) What helps me to be happy?	C3) What makes a boy or a girl? Fa6) Are all families the same?



KS2 - Curriculum overview - PSHE

	Y3 /4 Cycle A	Y3 /4 Cycle B
Autumn 1	Fr1) What makes a good friend? Os1) Online strangers [P1] Os2) Sharing Online [P2]	Fr2) Are all friends the same? Fr3) Are friendships always fun? M2) Are we happy all the time?
Autumn 2	Fa1) Do families always stay the same? Fa2) Are all families like mine?	C1) How do we make the world fair? C2) Where do you feel like you belong? C3) How can we help the people around us?
Spring 1	M1) How do I manage my feelings? P1) How do I keep my body healthy? P2) How do I get a healthy diet?	Os5) Digital Media [N1] Os6) Verifying content and echo chambers [N3]
Spring 2	Os3) Friendship Online [S1]	Fa3) How should we treat people who are different?
Summer 1	Os4) Personal Information [C2] P3) How do I stop getting ill?	P4) How do I save a life?
Summer 2	Money Matters- see new Beano and TES planning G1) What is a period? (Year 4 girls only)	Money Matters- see new Beano and TES planning G1) What is a period? (Year 4 girls only)



KS2 - Curriculum overview - PSHE

	Y 5 / 6 Cycle A	Y 5 / 6 Cycle B
Autumn 1	Fa1) Why do some people get married? Fa2) Are families ever perfect? Os1) Control and consent [S1] Os2) Protecting our identity [P1]	Os6) Bias [N2] Os7) Echo Chambers [N5] Fr5) What are stereotypes? Fr6) How do I accept my friends for who they are?
Autumn 2	Fr1) What makes a close friend? M1) Does everybody have the same feelings?	C1) What is prejudice? C2) What is the history of prejudice? C3) What should I do if I encounter prejudice?
Spring 1	Fr2) Should I try and fit in with my friends? Fr3) Should friends tell us what to do? P1) Is there such a thing as the perfect body?	Os8) Does the internet make us happy? [L1] C6) Who belongs in our country? C7) What does it mean to be British?
Spring 2	Os3) Meeting strangers online [P4] Os4) Personal Information, terms and conditions [C2] M2) Should we be happy all the time? M3) Why do we argue?	Sx1) How do plants and animals reproduce? (N.B. Taught through science - does not include sexual intercourse) C4) How can I be a great citizen? C5 Why is money important?
Summer 1	P2) How can I stay fit and healthy? P3) Can I avoid getting ill? M4) Who am I? Fa3) Is there such a thing as a normal family?	P4) Why do some people take drugs? P5) Where should I get my health information? P6) How do I save a life?
Summer 2	Fr4) Why are some people unkind? Os5) Analysing Digital Media [N1]	G1) How will my body change as I get older? G2) How will my feelings change as I get older? G3) How will I stay clean during puberty? G4) What is Menstruation? Sx2) Optional lesson on sexual reproduction (N.B. Not statutory)