

First Aid Addendum June 2020

It is essential that all staff adopt a common-sense approach towards first aid and ensure we maintain good hygiene procedures. All bubbles (groups of pupils together) will have basic first aid equipment available for use within the classroom including PPE, a suitable first aid kit and running water.

Care should be taken to minimise patient contact wherever possible and patients that show any potential symptoms of COVID-19 should be isolated in the medical room immediately while parents are notified and asked to collect them. This room should be ventilated if possible. The staff member who remains with the pupil should use PPE equipment during this time.

All staff can administer basic first aid within a bubble.

Injuries in the playground will be managed by the members of staff on duty.

Prior to administering first aid

- Wash / sanitise hands
- Follow 'bare below the elbow' policy, so as to not have fibres in close proximity to a patient
- Ensure area is ventilated.

Administering first aid

- Encourage the patient to do as much as possible – wipe wounds, put plasters on, hold compresses etc.

PPE

- When treating any patient during the current situation gloves **MUST** be worn for ALL first aid incidents. This is to protect yourselves as well as your patient.
- Wherever possible disposable aprons should also be worn to act as another level of protection.
- Face masks and eye shields are not part of the current first aid kit requirement. But if the site already has a stock of them available, they are free to use them as they see fit on a precautionary basis. Though this will be reviewed on a regular basis in line with government advice and in keeping with the school's risk assessment for reopening schools to eligible pupils.
- If there is a potential that the patient will vomit or spit, then a face mask and glasses **MUST** be worn.

After any incident

- Gloves, aprons, and masks must be taken off with great care and disposed of as clinical waste, so must not be placed in a standard bin. Waste in these bins must be double wrapped on disposal.
- Glasses must be wiped clean using the sanitised wipes.
- Wash and sanitise hands immediately after administering first aid / removal of PPE
- Complete first aid book (each bubble / group to have own). Wash and sanitise hands after completing the recording of the incident.
- ALL first aid incidents must be recorded.

Symptoms of coronavirus

If a child becomes unwell with coronavirus symptoms they should be isolated in the first aid room if available, or another suitable location as per the coVid-19 guidance on Sharepoint. If you cannot maintain a social distance of 2M then PPE must be worn – PPE will be available in all suitable locations.

When parents collect their child, they need to be told to ring 111 to arrange a test for their child. Parents MUST inform the school immediately when they receive the test result. If the test is positive, the whole bubble, including the adults within the bubble must isolate for 7 days. If they develop symptoms during that time, they must go for a test to confirm infection.

Seeking advice and support from another (senior) first aider

If you feel that you need support with an incident, then send a message with a child to the school office.

A member of senior leadership will assess the situation and make a suitable decision. If a first aider from another 'bubble' is needed, then they should don a full set of PPE (gloves, apron, mask and face shield / glasses) before entering the patients bubble.

Other information

CPR

The European Resuscitation Council has issued some updated guidance with relation to CPR in the current climate.

When assessing for normal breathing, first aiders should not put their face close to the casualty's mouth as previously instructed. - Instead first aiders should look at alternatives such as resting their hand on the casualty's chest to feel for the rise and fall of normal breathing.

When performing CPR, trained staff should not administer rescue breaths, and should commence hands only CPR. If a staff member were to perform rescue breaths it must be done via the use of a barrier device, such as a pocket mask. – Resuscitation face shields are not considered adequate protection in this instance.

When performing CPR using the compression only method, staff should follow the same procedures taught on their first aid courses. (100-120 compressions per minute at an appropriate depth for the size and age of the casualty.) Once commenced CPR compressions should only be stopped to hand over to the ambulance crew or another first aider, or if the voice prompts from a defibrillator instruct you to stop.

How to put on, use, take off and dispose of a mask?

1. Before touching the mask, clean hands with an alcohol-based hand rub or soap and water
2. Take the mask and inspect it for tears or holes.
3. Orient which side is the top side (where the metal strip is).
4. Ensure the proper side of the mask faces outwards (the coloured side).
5. Place the mask to your face. Pinch the metal strip or stiff edge of the mask so it moulds to the shape of your nose.
6. Pull down the mask's bottom so it covers your mouth and your chin.
7. After use, take off the mask; remove the elastic loops from behind the ears while keeping the mask away from your face and clothes, to avoid touching potentially contaminated surfaces of the mask.
8. Discard the mask in a closed clinical waste bin immediately after use.
9. Perform hand hygiene after touching or discarding the mask – Use alcohol-based hand rub or, if visibly soiled, wash your hands with soap and water.

Other information

- In an emergency, call 999 if they are seriously ill or injured or their life is at risk.
- All staff access and read the Covid-19 information and Covid-19 risk assessment on Sharepoint.