



Progression				
	Year 1 / 2	Year 3 /4	Year 5 / 6	
Friendship	Who is a friend? What makes a good friend? Should friends tell us what to do?	Are all friends the same? Are friendships always fun? Friendship online What makes a good friend?	What makes a close friend? How do I accept my friends for who they are? Should I try to fit in with my friends? Should friends tell us what to do?	
Families	Do families always stay the same? How should families treat each other? Who is in the family? Are all families the same?	Are all families like mine?	Why do some people get married? Are families ever perfect? Is there such a thing as a normal family?	
Personal	<u>Self esteem</u>	Self esteem	<u>Self esteem</u>	
development	Who am I? What helps me to be happy? Solving problems	Are we happy all the time? Where do you think you belong? Solving problems	Is there such a thing as a perfect body? Who am I? Solving problems	
	Personal information- computing links	Personal information	Protecting our identity Control and consent Change How do plants and animals reproduce?- science link How will my body change, as I get older? How will my feelings change, as I get older? What is menstruation? Sexual reproduction	
Behaviour and conduct	How do we make a happy school? Rules Write a class charter	British values- through assemblies Rules Contribute to class vision for a safe	Bias What are stereotypes? Rules Devise a class charter	
		and happy environment	Know how to be an effective learner	





	Making Choices Know right and wrong Be able to make choices	Understand why we need rules and laws Making Choices Understand that people have to make hard choices and sometimes they have no choice	Making Choices Understand what a role model is Understand what makes people positive role models Be aware of anti-social behaviour and consequences of crime
Keeping safe/ Online safety	Safety at home When should I say no? Who owns my body? Pants rule Online safety Online strangers How can I stay safe?	Online safety Online strangers and sharing information Digital media Verifying content	Online safety Meeting strangers online Personal information- terms and conditions Analysing digital media
	Road safety Assemblies to make children aware of the dangers	Road safety Assemblies for keeping them and others safe on roads	Road safety Taking responsibly for others – assembly
Keeping healthy	Personal care How do I make my body stay healthy? How do we stop getting ill?	Personal care How do I keep my body healthy? How do I get a healthy diet? How do I stop getting ill? Growing up What is a period? (Y4 girls only)	Personal care Where should I get my health information? How can I stay fit and healthy? Can I avoid getting ill? Growing up How will I stay clean during puberty? Why do some people take drugs?
Managing own Feelings	Where do feelings come from?	How do I manage my feelings?	Does everyone have the same feelings? What should I do if I encounter prejudice? Should we be happy all the time? Does the internet make us happy? Why are some people unkind?





Relating to	What makes a boy and a girl?	How do we make the world fair?	What is prejudice?	
others		How can we help people around us? What is the history of prejudice?		
	Dealing with Conflict Understand why we sometimes fall out Know how to stand up for oneself		Why do we argue?	
			How do I save a life?	
		Dealing with Conflict	<u>Dealing with Conflict</u> Understand different types of relationships and ways	
		Recognize and try to challenge		
		stereotypes	these can be unhealthy (eg: controlling) and who to go to	
		Recognise when I am using a	for support	
		putdown	Consider stereo-typing and judgement	
		Understand when breaking friends	Identify put-downs and conflict	
		with someone might be the best	Understand dealing with or ending friendships	
		thing to do	Understand forgiveness	
		Break friends with someone without		
		hurting their feelings		
		Think about when to forgive		
		someone		
Wider	Who lives in the neighbourhood?	How do we treat people, who are	How can I be a great citizen?	
society	The mes in the neighbourhood.	different?	Why is money important?	
,		Money matters	Who belongs in our country?	
			What does it mean to be British?	
Anti-	How do we stop bullying?	Say what bullying is and how	Develop strategies to prevent bullying	
bullying		someone being bullied feels	Recognise and challenge prejudice	
			Explore gender stereotypes	





Long term Overview						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1/2 A	British Values	Friendship	Feelings	Families	Friendship	Being happy
Year 1/2 B	Local area	Bullying	Families	My body	Staying safe	Differences
Year 3 / 4 A	Online safety	Families	Keeping Healthy	Friendship	Personal information	Money Matters What is a period (Y4 girls only)
Year 3 / 4 B	Friendship online	Communities	Digital Media and how to keep safe	Differences	Saving a life	Money Matters What is a period (Y4 girls only)
Year 5 / 6 A	Why are people different?	Friendship and feelings	Fitting in with others	Online safety	Keeping Healthy	Unkind people
Year5 / 6 B	Stereotypes	Prejudice	What does it mean to be British	Reproduction of plants and animals Citizenship	Health and safety-including taking drugs	Change