Rainbow Forge Primary Academy
A L.E.A.D. Academy

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Cycle A						
FS	Area of learning	Spatial Awareness	Basic Motor Skills	Coordination and Control	Aiming, predicting and estimating	Gymnastics	Ball Games
	Real PE Unit	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
Year 1 / 2	Real PE Unit	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
	Sport Specific	Gymnastics	Playground games	Multi-skills	Basketball	Tennis	Athletics
Year 3 / 4	Real PE Unit	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
	Sport Specific	Gymnastics	Basketball	Tag Rugby	Handball	Rounders	Athletics
Year 5 / 6	Real PE Unit	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
	Sport Specific	Gymnastics	Netball	Tag Rugby	Tennis	Cricket	Athletics
	Cycle B						
FS	Real PE Unit	Unit 1	Unite 2	Unit 3	Unit 4	Unit 5	Unit 6
	Area of Learning	Spatial Awareness	Basic Motor Skills	Coordination and Control	Aiming, Predicting and Estimating	Gymnastics	Ball Games
Year 1 / 2	Real PE Unit	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
	Sport Specific	Gymnastics	Hockey	Multi-skills	Basketball	Football	Athletics
Year 3 / 4	Real PE Unit	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6

	Sport Specific	Gymnastics	Hockey	Badminton	Handball	Cricket	Athletics
Year 5 / 6	Real PE Unit	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
	Sport Specific	Gymnastics	Basketball	Hockey	Badminton	Rounders	Athletics

PE Whole School Overview