

	If you would like to find out more...
What is Buddhism?	https://www.bbc.co.uk/bitesize/topics/zh4mrj6
Find out more about Buddhism	https://buddhismforkids.net/follow.html
Buddism: values for living	https://www.bbc.co.uk/teach/school-radio/assemblies-buddhism-values-for-living/zjs6qfr
Mindfulness activities	https://www.gonoodle.com/tags/WwJzlw/flow

Sticky Knowledge

- Buddhism started in what was India but is now Nepal 2,500 years ago.
- The story of the Buddha
- Under the Bodhi tree, the Buddha realised that trying to lead a good life which helps others and does not hurt people or animals would help someone be happy.
- Bodhi - Tree under which Buddha reached enlightenment: known as the tree of wisdom.
- 8-fold path - The eightfold path is Right Understanding, Right Intent, Right Speech, Right Action, Right Livelihood, Right Effort, Right Mindfulness, and Right Concentration.

Subject: RE Topic: Is it possible for everyone to be happy? Y3/4

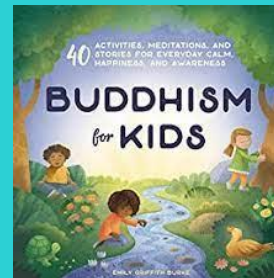
Activities you could do at home:

Carry out some yoga or mindfulness activities.

Create a happiness jar by writing down thing or people that make you happy.

Carry out a random act of kindness and make someone else feel happy today.

Books you may like to read:



	If you would like to find out more...
What is Christmas?	https://www.bbc.co.uk/bitesize/topics/ztkxpv4/articles/zdjf4j
Horrible Histories Christmas	https://www.youtube.com/watch?v=Dbp24wZQa3Y
Why is Christmas important to Christians?	https://request.org.uk/resource/restart/2014/11/26/christmas-2/
10 facts about Christmas	https://www.natgeokids.com/uk/discover/history/general-history/facts-about-christmas/

Sticky Knowledge

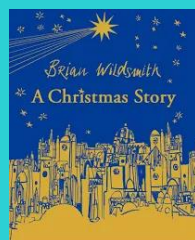
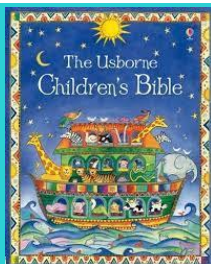
- Symbols of Christmas – Christian and commercial
- The angel symbolises that Jesus was not just an ordinary man. Angels are not an everyday occurrence and were there to show people that Jesus was a special gift from God. The Incarnation of God.
- The star guided the wise men just as Jesus is the light that guides people to God.
- The wise men and the Shepherds are an interesting contrast between rich and poor, symbolising that Jesus is a gift from God to everyone.
- The gifts from the wise men: gold is a precious metal symbolising how precious Jesus is and represents his Kingship.
- Frankincense is used in perfume and incense and represents Jesus' priestly role. Myrrh is also used in perfumes and incense and in Jesus' day was an embalming ointment which symbolises his death.
- The manger and stable were humble beginnings for a 'King'. The stable continues to represent humble beginnings as there was no room for Jesus which runs parallel to people not finding room in their lives for God.
- Jesus as God's son symbolises God's gift to the world in order to save and help the world.
- Christingle – 'Christ's Light'. The orange represents the world, the candle is to remind us of Jesus as Christians believe Jesus is the light of the world. The red ribbon goes all around the 'world' and reminds Christians that Jesus died because it symbolises His blood. The four cocktail sticks have two meanings; the four seasons or the four corners of the world and the sweets or dried fruit symbolise God's gifts to the world including kindness and love.

Subject: RE Topic: What is the most significant part of the nativity story for Christians today? Y3/4

Activities you could do at home

Create a decoration for your Christmas tree using a symbol of Christmas

Make a Christingle using an orange, red ribbon, a candle, cocktail sticks and sweets/dried fruit.



Books you may like to read



	If you would like to find out more...
The Buddha and the angry elephant story	https://www.youtube.com/watch?v=-nSbLCMDqQ
Kisa and the mustard seed story	https://www.bbc.co.uk/programmes/p010xq96
Mindfulness activities	https://school-learningzone.co.uk/wellbeing/wellbeing.html

Sticky Knowledge

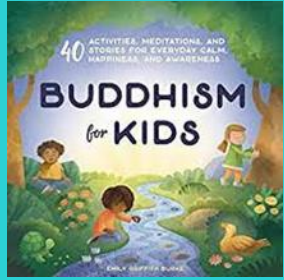
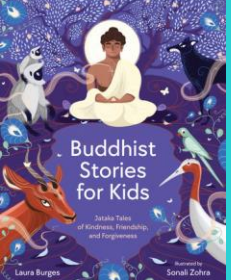
- That Buddhists believe that Siddhartha taught many truths e.g.: the belief that everything changes, and people don't want it to
- Suffering is caused by selfishness
- The Buddha said people need to accept that everything changes - it is a natural part of life and should be embraced rather than feared.
- Kisa and the mustard seed story
- The Noble Eightfold Path (Right Viewpoint, Right Awareness, Right Speech, Right Concentration, Right Action, Right Thought, Right Effort and Right Living)
- The Buddha and the Angry Elephant story

Subject: RE Topic: Can the Buddha's teachings make the world a better place? Y3/4

Activities you could do at home

- Take part in some meditation or mindfulness activities with a family member
- Make a book about one of the stories you have learnt.

Books you may like to read



	If you would like to find out more...
How can you be generous with your forgiveness?	https://request.org.uk/resource/restart/2015/11/23/the-lost-son/
How many times did Jesus forgive?	https://request.org.uk/resource/restart/2013/12/10/the-parable-of-the-unforgiving-debtor/
Forgiveness and the story of Easter	https://www.bbc.co.uk/teach/school-radio/assemblies-ks1-ks2-forgiveness-story-of-easter-jesus/z62w96f

Sticky Knowledge

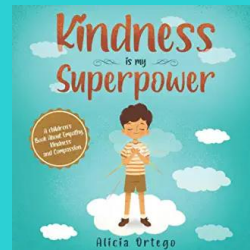
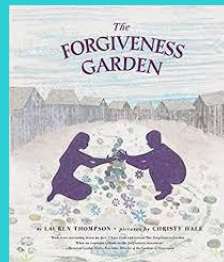
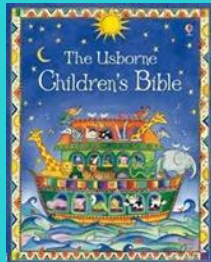
The events of the Last Supper
 The actions of Peter and Judas
 The Christian understanding of forgiveness
 The Lord's Prayer – what does it teach Christians?
 The following Bible teachings and what they teach Christians about forgiveness:
 Love for enemies, Luke 6:27-36
 Teaching about anger, Matthew 5:21-26
 Forgive 70x7 Matthew 18:21-22
 Teaching about revenge Matthew 5:38-42
 The unforgiving servant Matthew 18:21-35
 The criminal next to Jesus Luke 23:39-43
 Jesus on the cross Luke 23:34
 That Christians believe Jesus' death was a sacrifice to offer them forgiveness for their 'sins'.

Subject: RE Topic: Is forgiveness always possible for Christians? Y3/4

Activities you could do at home

Draw around your hand. In the centre write why it is important to forgive someone, on each of the fingers write a way to forgive or a time you have forgiven someone.

Books you may like to read



	If you would like to find out more...
What is Buddhism?	https://www.bbc.co.uk/bitesize/topics/zh4mrj6
More about Buddhism	https://www.theschoolrun.com/homework-help/buddhism
What is the 8 fold path?	https://classroom.thenational.academy/lessons/what-is-the-eightfold-path-6mw3ed
Buddhist stories for kids	https://www.youtube.com/watch?v=sU1Gv-MkH0U

Sticky Knowledge:

The Noble Eightfold Path (Right Viewpoint, Right Awareness, Right Speech, Right Concentration, Right Action, Right Thought, Right Effort and Right Living).

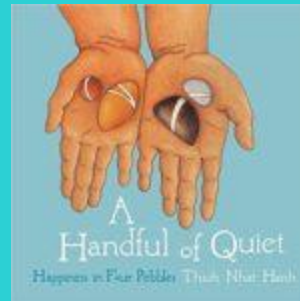
The 8-fold path helps people know which decisions and choices are good.

Subject: RE Topic: What is the best way for a Buddhist to lead a good life? ? Y3/4

Activities you could do at home:

Make a list of 2 things you could do today, 2 things you could do next week and 2 things you could do this year to help lead a good life.
Take part in some mindfulness or meditation activities.

Books you may like to read based around Buddhist teachings:



	If you would like to find out more...
Baptism	https://www.bbc.co.uk/teach/class-clips-video/religious-studies-ks2-baptism/zm32nrd
Inside a church	https://www.bbc.co.uk/teach/inside-the-church-what-do-you-need-to-know/zkknrd
What is Christian worship?	https://www.youtube.com/watch?v=E5-aKSrLXM4

Sticky Knowledge

- Churches are special places for Christians.
- The origins of baptism – John the Baptist. John the Baptist was Jesus’ cousin and understood Jesus’ special purpose on earth, hence baptising him in the River Jordan.
- Bible stories linked to baptism:
 - Matthew 3: 5-6 “People went out to him from Jerusalem and all Judea and the whole region of the Jordan. Confessing their sins, they were baptized by him in the Jordan River.”
 - Matthew 3: 13-15 Jesus came from Galilee to be baptized by John in the River Jordan.
- The Eucharist and Holy Communion
- Different styles of Christian worship e.g. modern Evangelical vs. Quaker.
- Reasons for going to church.

Subject: RE Topic: Do people need to go to church to show they are Christians? Y3/4

Activities you could do at home:

- Visit a church to see how and why they are a special place for Christians to worship
- Ask a family member or friend who has been baptised what happens. Do they have any photographs for you to look at?

Books you may like to read

