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# **Building positive relationships**



# AIMS & OUTCOMES

- To Understand our children's needs and wants.
  - To implement positive strategies to support our children.
  - To understand our child's thinking process.
  - To help children label emotions and talk to us about their feelings.
  - To know how to access further support if needed.
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# WHAT CHILDREN ARE THINKING

PARENT

CHILD

# WHAT CHILDREN ARE THINKING

PARENT

CHILD

# **WHAT CHILDREN NEED FROM PARENTS AND CARERS**

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# HOW TO BUILD RELATIONSHIPS

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# HOW TO MAINTAIN RELATIONSHIPS

# **LOOKING AFTER OURSELVES**

APP TO SHOW



**Impact on our children**

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# ACCESSING FURTHER SUPPORT